

GRADE 1 THEORY**Optional music****1. The 5 Positions of the feet**

4/4 Track 17

Each position of the feet from 1st through to 5th to be shown as candidates announce each position. Arms remain in bras bas throughout.

2. The 5 Positions of arms and demi-seconde

3/4 Track 2

Facing point 8, arms demi-seconde to bras bas on introduction.

Each position of arms from 1st through to 5th to be shown as candidates announce each position.

Lower through 2nd to bras bas, rise and turn to face point 1

3. The use of 1st position as a 'gateway'

Candidates must understand the importance of the use of 1st position to transition from one arm position to another. The following question will be asked:

Why is gateway so called?

Response: Because all other arm positions may be approached by going through this position

4. The distance between the hands

The following question will be asked:

How much distance should be between the 2 hands when the arms are in bras bas, 1st or 5th position?

Response: About the width of the face

5. The Fixed Points of the Stage

No music

Candidates must execute a 1/8 turn to face and gesture clearly towards each direction as they name each point from 1 to 8. From now on candidates will be expected to respond to instructions naming any of the 8 directions.

6. Explain the meanings of the following terms:

Devant	In front
Derrière	Behind

} asked